

- ALL COMPUTER COURSES
 - ENGLISH LANGUAGE COURSES
 - TUITION NURSERY TO 10TH (ALL SUBJECTS)
- WEBSITE: <https://learninghubshahabad.in>

PAST CONTINUOUS

PAST CONTINUOUS ka use tab karte hain jab koi action ya situation:

1. Past mein Jaari Thi (Ongoing Action)

Jo action past mein kisi specific time par chal raha tha

- I was watching TV at 8 PM yesterday.
- They were playing cricket when it started raining.

2. Do Parallel Past Actions

Jab do actions ek saath past mein chal rahe the

- While I was cooking, my husband was cleaning the house.
- She was talking on phone while driving.

3. Interrupted Action

Jab koi action past mein chal raha tha aur dusre action ne use interrupt kiya

- I was sleeping when the phone rang.
- They were having dinner when guests arrived.

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4. Specific Time ke Saath

Past mein kisi exact time par kya chal raha tha

- **This time yesterday, I was traveling to Delhi.**
- **At 10 AM, we were attending the meeting.**

5. Background Description

Story ya description mein background set karne ke liye

- **The sun was setting , birds were chirping , and a cool breeze was blowing .**

Past Continuous ke Common Time

Expressions:

- **While, when**
- **At 8 PM, at that time**
- **This time yesterday/last week**
- **During, all morning/evening**
- **When + simple past**

Formulas:

- **Positive: Subject + was/were + V₁ + ing**
- **I/He/She/It was studying .**
- **You/We/They were studying .**

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- **Negative: Subject + was/were + not + V₁ + ing**

- I was not sleeping .
- They were not waiting for you.
- **Question: Was/Were + Subject + V₁ + ing?**
- Was she crying when you saw her?
- What were you doing yesterday?

Was/Were ka Correct Use:

- **Was:** I, He, She, It ke saath
- **Were:** You, We, They ke saath

Important Patterns:

Pattern 1: Past Continuous + when + Simple Past

- I was walking in the park when I saw her.

Pattern 2: While + Past Continuous, Past Continuous

- While I was cooking , she was setting the table.

Pattern 3: Simple Past + while + Past Continuous

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- The phone rang while I was taking a shower.

Examples:

- "At 9 PM last night, I was watching a movie." ✓ (Specific time)
- "He was driving too fast when the accident happened ." ✓ (Interrupted action)
- "While I was studying , my brother was listening to music." ✓ (Parallel actions)

Past Continuous past mein ongoing actions ke liye hai - jo kisi time par chal rahe the, poore nahi hue the! ✓